

Chemical Terrorism Clinical Specimen Collection and Labeling

STATE LABORATORY INSTITUTE 305 South Street

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Collecting specimens

Required specimens

Unless you are otherwise directed, collect the following specimens from each person who may have been exposed:

- Whole blood—Use three 4-mL or larger purple-top (EDTA) tubes, vacuum-fill only (unopened). If collecting in 3 mL purple top tubes, please collect a <u>fourth</u> tube. Please mark the first purple-top tube of whole blood collected with a "1" using indelible ink. The first purple-top tube of whole blood collected will be used to analyze for blood metals.
- **Whole blood**—Use one 3-mL or larger gray-top **or** one 3-mL or larger green-top tube, vacuum-fill only **(unopened).**
- Urine—Collect at least 25 mL. Use a screw-capped plastic container. Freeze as soon as possible (-70° C or dry ice preferred). If possible, ship the specimen on dry ice. If dry ice is not available, you may ship frozen specimens with freezer packs. For pediatric patients, collect urine only, unless otherwise directed.

Blanks

For **each lot number** of tubes and urine cups used for collection, please provide two empty unopened purple-top tubes, two empty unopened green- or gray-top tubes, and two empty unopened urine cups to serve as blanks for measuring background contamination. **Please label and tape blanks as you would a sample to ensure that blanks are not tampered with.**

Labeling

Label specimens with labels generated by your facility. These labels should include the following information: medical records number, specimen identification number, collector's initials, and date and time of collection. Follow your facility's procedures for proper specimen labeling.

Complete a **Specimen Submission Form** for each patient's set of blood tubes and another for the patient's urine specimen.

Place a single, unbroken strip of waterproof, tamper-evident forensic evidence tape over each specimen top, being careful not to cover the specimen ID labels. This tape must make contact with the specimen container at two points. The individuals placing the evidence tape must identify themselves by writing their initials ½ on the container and ½ on the evidence tape.

Patient list

Maintain a list of names with corresponding specimen identification numbers at the collection site to enable results to be reported to the patients.